



What: Central Valley Aquatics Masters Swimming

Where: Pitman High School
2525 W. Christoffersen Pkwy
Turlock, CA 95382

Costs: Lap Swimming: \$25 per month per swimmer, \$40 per month for couples.
Coached Workout: \$40 per month per swimmer
Annual Pacific Masters membership \$40 (2008)

CVA Masters Swimming registration form and check made payable to:

Central Valley Aquatics P.O. Box 744 Turlock, CA 95381

Name _____ DOB _____

Address _____

Daytime Phone _____ Alternate Contact Phone _____

Email _____

Medical Information: Name of Doctor _____ Telephone Number _____

Medical issues we should be aware of: _____

Swimmers must register with Pacific Masters Swimming in order to swim with the team. Register online at: www.pacificmasters.org/admin/onlineRegistration.shtml

Central Valley Aquatics Masters Swimming Waiver and Release Agreement

I, the undersigned participant, acknowledge that swimming and volunteering to work in club activities have inherent risks, hazards and dangers. I will not participate in CVA Masters activities unless I am medically able and properly trained. I agree to abide by any decision of supervisory personnel on deck or in the pool relative to my ability to participate safely. I assume all risks inherent in Masters Swimming (training and competition), including, but not limited to, drowning, falls, contact with other participants, the effects of weather, the conditions of the pool and facilities, injury, paralysis or death, all such risks being known and appreciated by me. As a condition of my participation in the Masters Swimming program or any activities incident thereto, I hereby waive any and all rights to claims for loss or damages, including all claims for loss or damages caused by the negligence, active or passive, of the following: Central Valley Masters Swimming, United States Masters Swimming, Inc., local Masters swimming personnel. In addition, I agree to abide by and be governed by the rules of USMS.

I, for myself, my heirs, successors, executors and subrogates, hereby knowingly and intentionally waive and release, indemnify and hold harmless parties named above from and against any and all claims, actions, causes of action, liabilities, suits, expenses (including reasonable attorneys' fees) and negligence of any kind or nature, whether foreseen or unforeseen, arising directly or indirectly out of any damage, loss, injury, paralysis, or death to me or my property as a result of my use of their pool and facilities, whether such damage, loss, injury, paralysis, or death results from negligence of said parties or from some other cause.

This release is intended to be a comprehensive release of liability but is not intended to assert defenses which are prohibited by law. I HAVE CAREFULLY READ, CLEARLY UNDERSTAND AND VOLUNTARILY SIGN THIS USE, WAIVER AND RELEASE AGREEMENT.

Signature _____ Date of registration _____

Questions? Contact Coach Paul Maurer (209)-535-1154